Twenty Years of Caring

ST. MARY’S HEALTH CLINICS
2012 ANNUAL REPORT

a ministry of the Sisters of St. Joseph of Carondelet,
St. Paul Province
Did you know?

2012 is SMHC’s 20th year of providing medical care to low-income, uninsured families and individuals not eligible for government programs.

Since its founding, SMHC has cared for 150,000 women, children and men.

SMHC’s budget to provide free medical care to low-income, uninsured families and individuals not eligible for government programs was $1.2 million. An additional $4.2 million in services was contributed by Twin Cities area collaborators.

94% of SMHC’s budget went to direct patient services.
A new chapter begins. How appropriate on so many levels. Twenty years ago St. Mary's Health Clinics (SMHC) was founded by the Sisters of St. Joseph of Carondelet on the belief that this ministry would be a temporary solution to address the unmet healthcare needs of people in the Twin Cities area. Today, even with the unfolding of President Obama's Patient Protection and Affordable Care Act (PPACA), we are realizing that there will still be people not covered by this legislation.

For an update on the implications of PPACA in Minnesota and at SMHC, we turned to our friend and associate Jonathan Watson with the Minnesota Association of Community Health Centers. He tells us that the Healthcare Reform Access Task Force, working with MIT, is analyzing the healthcare coverage of Minnesotans in the year 2016 after implementation of the PPACA.

While the number of uninsured in the state could drop by over 50 percent, an estimated 210,000 people will remain uninsured. (This includes noncitizens, newly uninsured, those exempt by individual mandate, and those who will ignore the mandate, choosing to pay the IRS penalty and remain uninsured.)

Can we expect a 50 percent drop at SMHC? Unlikely. If we look at the impact of state-wide healthcare in Massachusetts, the numbers of uninsured at safety net clinics only decreased by 20 percent. But keep in mind, any decrease in the number of people without access to affordable healthcare will be a blessing.

But that is still three years away. Currently, our clinic visit numbers continue to justify the need. Finding necessary services is an ongoing challenge and funding requires constant vigilance. But over the course of the past 20 years, through good times and bad, it is the committed, caring, passionate volunteers who buoy us. It is the faces of the children, women, and men in need of care who have nowhere else to turn that inspire us to continue.

We certainly don’t know what the next twenty years will bring, but we do know two things: there will still be a need for SMHC, and the only way we can continue is with the help of those of you who share our vision of affordable, accessible, quality healthcare that is available to all.

Thank you for continuing to work with us, believe in us, and support us!

Barbara L. Dickie, Executive Director
St. Mary’s Health Clinics

Bonnie O’Connor, Board Chair
St. Mary’s Health Clinics
CORE BELIEFS

MISSION
In the tradition of the Sisters of St. Joseph of Carondelet, St. Mary’s Health Clinics will carry out the healing ministry of Christ by providing necessary and accessible health services to the medically uninsured and underserved.

VALUES
- Conservation of each individual’s inherent dignity
- Demonstration of healthcare as a basic human right
- Consideration of the well-being of the whole person
- Promotion of the common good by providing access to healthcare
- Emphasis on the individual’s personal responsibility for his/her own health
- Service through compassionate, “hands-on,” direct care
- Justice through ethical and fair practices in the allocation of limited healthcare resources

VISION
Affordable, accessible, quality healthcare is available to all individuals.

HISTORY
SMHC advocates for and provides free medical care, outreach and education to low-income, uninsured families and individuals who are not eligible for government programs. It was founded by The Sisters of St. Joseph of Carondelet, St. Paul Province, upon the belief that healthcare is a basic human right. SMHC continues working with hundreds of compassionate, caring, and gifted volunteers and a Twin-Cities-wide system of collaboration and care that seeks donated services including preventive and primary medical care, laboratory, specialty physician referrals, radiology, outpatient, inpatient, and prescription medications. SMHC also conducts health promotion, health screening, health education, and outreach in collaboration with community organizations and advocates for healthcare as a basic human right while assisting low-income people to find affordable healthcare coverage.

The Sisters of St. Joseph of Carondelet are a Roman Catholic community of women religious who are committed to continuing the mission of Jesus in the world by responding to the needs of the times, moving always towards profound love of God and love of neighbor without distinction. Founded in south-central France in 1650, they came to St. Paul in 1851 to teach. Today they continue ministries in the areas of spirituality, education, healthcare, social services, creative arts and advocacy for change. (www.csjstpaul.org)

Why SMHC Is Good Business ~

St. Mary Health’s Health Clinics (SMHC) provides free medical care to low-income, uninsured families and individuals not eligible for government programs.

Without healthcare, people often put off addressing health issues until those issues become emergencies. The 2011 average cost for a Minnesota emergency room visit is $984. In 2012, SMHC had 5,429 patient visits. If those patients ended up in the emergency room, the estimated cost to taxpayers could exceed $5.34 million.

1Minnesota Hospital Association 2011 estimate
St. Mary’s Health Clinics Programs and Services

DIRECT CARE
Community-based Clinics
SMHC provides direct care to uninsured and underinsured within the Twin Cities metropolitan area at community-based clinics. These clinics—with 13 weekly sessions operating out of eight sites—are located in spaces donated by churches, schools, and community centers in the metropolitan area. Volunteer physicians, nurses, receptionists, interpreters, and drivers provide medically necessary healthcare to patients. Patients receive medically necessary laboratory tests, radiology, and outpatient care at no cost to them through arrangements with area hospitals and other healthcare providers. Patients also receive specialty physician services and prescription medications free of charge.

The recent economic downturn resulted in increased need that has stayed fairly steady as we continue to see clients who are unemployed, have no gap insurance, or who have lost MinnesotaCare coverage. Another area of growth has been helping people apply for and access existing government programs should they be eligible.

Pharmaceutical costs are an ongoing challenge. SMHC has worked to contain costs through the use of sample medications, most specifically for insulin, and through charitable write-offs from healthcare providers who discount up to 100% of their services. The continuing collaboration with direct-care providers, including Park Nicollet Health Services known as SMHC@PN, reflects our commitment to seek creative solutions to our clients’ needs. This arrangement allows Park Nicollet physicians and their other healthcare professionals to provide care to eligible SMHC patients at Park Nicollet clinics. Currently, SMHC patients may be seen at 11 Park Nicollet locations.

EDUCATION AND EARLY INTERVENTION
An essential component to SMHC’s efforts to contain healthcare costs is providing education for healthy living and recognizing medical problems early to better manage diseases and minimize costly treatments.

One successful byproduct of SMHC’s past Minnesota Department of Health (MDH) Eliminating Health Disparities Grant is the continuing Diabetic Education Enhancement Program (DEEP). The program receives praise from patients because Diabetic Education Coordinators Ann Fox and Cristina Flood Urdangarin take the time while providing education to listen to patients and help them work through life problems that can impact their ability to understand and manage their disease.

Additional services included partnering with Fairview Health Services to provide free flu immunizations to thousands of low income and uninsured individuals in the metro area and provided health and wellness education at Holy Rosary Parish in Minneapolis. SMHC also provided additional health education and screening activities through annual health fairs at several local parishes and community and government centers.

In April, SMHC signed a contract with the Mexican Consulate to staff its Ventilla de Salud or “Window of Health” program. This relationship allows SMHC to reach more individuals to provide health information, education and screening activities.

ADVOCACY
By Mary F. Heinen, CSJ
This fiscal year brought significant changes and challenges to health. Starting in March 2010 with the signing into law by President Barack Obama of the Patient Protection and Affordable Care Act (PPACA), continuing with the June 2012 declaration of its constitutionality, and finally the re-election of the President in November 2012, our advocacy efforts have been escalating.

Tracking aspects of the PPACA as it impacts SMHC directly and through our providers, several of whom are Accountable Care Organizations (ACO) and Medical Homes, has been exhilarating. Minnesota, as a leader in healthcare reform, continues to adapt the PPACA to its citizens with the assistance of legislators, healthcare providers, and the general public.

SMHC’s staff continued to assist patients and their families discover if they are eligible for government programs or eligible to obtain private insurance coverage. This will continue.

Expanding Medicaid coverage for low-income citizens, using the electronic medical record, understanding how navigators deal with exchanges, increasing numbers of nurse practitioners and physician assistants in healthcare settings are among major realities we know require our attention.
We can face challenges with confidence because of our experience with uninsured and underinsured persons. This expertise gives us the credibility to speak out publicly about the need for healthcare reform. While the PPACA is not the perfect solution, we believe it is a step forward with great potential for working families and the poor. Hence, SMHC strongly supports and advocates for it.

STATISTICS FOR FY 2012
- 5,429 primary care visits at eight SMHC volunteer clinic locations
- 10,183 prescriptions filled for SMHC patients at eight volunteer clinic sites
- 3,739 hospital and diagnostic tests for SMHC patients
- 5,928 laboratory tests for SMHC patients
- 1,748 specialty physician referrals with a total of 3,496 physician visits provided for SMHC patients
- 949 DEEP (Diabetic Education Enhancement Program) visits for SMHC patients
- 1,829 contacts with patients for 1:1 assistance with MinnesotaCare or other government programs
- 16,352 service inquiry calls received
- 2,913 Park Nicollet (SMHC@PN) clinic visits for 1,073 patients in calendar year 2011
- 6,298 prescriptions filled for SMHC@PN patients at Park Nicollet

The Staff at St. Mary’s Health Clinics

Seated front row L to R: Lynn Friesen, Rosalinda Alle, Marie Theresa Belanger, CSJ, Carol Novak, Barbara Dickie, Jean Melin
Standing back row L to R: Alicia Howes, Ana Esquivel, Patricia Pettis, Dr. Lois Lenarz, Pam Cunningham, Janis Ollwerther, Ann Fox, Cristina Flood Urdanarin

Not pictured: Kris Saless, Elana Simonson, Mary Heinen, CSJ, Carolina Gentry
COLLABORATORS

St. Mary’s Health Clinics is grateful to all the individuals and organizations who help SMHC’s patients.

HOSPITAL PARTNERS

Abbott Northwestern Hospital, Allina Hospitals and Clinics

Fairview Ridges Hospital, Fairview Health Services

Fairview Southdale Hospital, Fairview Health Services

Fairview University Medical Center, Fairview Health Services

Mercy Hospital, Allina Hospitals and Clinics

Methodist Hospital, Park Nicollet Health Services

St. Francis Regional Medical Center, Allina Hospitals and Clinics

St. John’s Hospital, HealthEast Care System

St. Joseph’s Hospital, HealthEast Care System

Unity Hospital, Allina Hospitals and Clinics

Woodwinds Hospital, HealthEast Care System

SPECIALTY PHYSICIANS/GROUPS

Allina Health

Associated Anesthesiologists, PA

Associated Nephrology Consultants, PA

Associated Skin Care Specialists

Evan Ballard, MD

Children’s Heart Clinic

Colon-Rectal Surgery Associates

Consulting Radiologists

Coon Rapids Women’s Health

Edina Eye Clinic

E.P.P.A. (Emergency Physicians)

Emergency Care Consultants

ENT Specialty Care

Eye Care Associates

Fairview Riverside Women’s Clinic

Fridley Childrens & Teen Medical Center

Brian J. Greteman, DPM, PA

Nick Haddad, MD

Hospital Pathology Associates

Steven Kiester, MD

David Ketroser, MD

Steven Koutroupas, MD

Richard Kragness, DC

Maple Grove Surgical Specialists

Charles Marvin Jr., MD

Metro OB/GYN

Metropolitan Anesthesia Network, LLP

Metropolitan Heart and Vascular Institute

Metropolitan Cardiology Consultants, PA

MetroUrology

Midwest Ear, Nose and Throat Specialist

Minneapolis Clinic of Neurology

Minneapolis Otolaryngology

Minnesota Gastroenterology, PA

Minnesota Lung Center

Minnesota Orthopaedic Specialists

MN Center for Craniofacial Services

MN Neurovascular Skullbase Surgery

Steven Moore, MD

Northland Nurse Anesthesia, PA

Noran Neurological Clinic, PA

Nurse Anesthesia Services, PA

Orthopedic Partners, PA, a division of Twin Cities Orthopedics

Orthopedic Consultants

Paparella Ear, Head & Neck Institute

Park Nicollet Asthma & Allergic Diseases

Park Nicollet Colon & Rectal Surgery

Park Nicollet Dermatology

Park Nicollet ENT

Park Nicollet Gastroenterology

Park Nicollet GYN

Park Nicollet IM Cardiology

Park Nicollet IM Diabetes/Endocrinology

Park Nicollet IM Infectious Disease

Park Nicollet IM Rheumatology

Park Nicollet Nephrology

Park Nicollet Neurology

Park Nicollet Neurosurgery

Park Nicollet Oncology

Park Nicollet Ophthalmology

Park Nicollet Orthopedic Surgery

Park Nicollet Pediatric Endocrinology

Park Nicollet Pediatric Infectious Disease

Park Nicollet Pediatric Ophthalmology

Park Nicollet Pediatrics (general)

Park Nicollet Physical Therapy

Park Nicollet Podiatric Medicine

Park Nicollet Pulmonary Medicine

Park Nicollet Surgery (general)

Park Nicollet Urology

Park Nicollet Vascular Surgery

Partners Obstetrics & Gynecology, PA

Pediatric Surgical Associates, LTD

Pediatric Urology Associates

Peter Vogt Plastic Surgery, LTD

Physical Therapists/Orthopedic Specialists, Inc.

Lawrence Quist, MD

SJDC Limited

Southwest Dermatology Specialists, LTD

Sports & Orthopedic Specialists

St. Paul Cardiology

St. Paul Eye Clinic

St. Paul Infectious Disease Associates, LTD

St. Paul Radiology

St. Paul Surgeons, LTD

John G. Stark, MD

Suburban Emergency Associates, PA

Suburban Radiologic Consultants

Summit Orthopedics, Inc.

Surgical Specialists of MN

Tani Eye Associates & Clinic

Three Rivers Pathology

Tria Orthopedic Center

www.stmaryshealthclinics.org
COMMUNITY ORGANIZATIONS

Community organizations throughout the metropolitan Twin Cities area contribute clinic operating space, utilities, services and staff time to benefit SMHC patients.

VOLUNTEER MEDICAL CARE CLINICS
1. Catholic Charities, St. Paul
2. Emmanuel Christian Center, Spring Lake Park
3. Johnson Elementary School, St. Paul
4. Mt. Olivet Assembly of God Church, Apple Valley
5. Park Avenue United Methodist Church, Minneapolis
6. Redeeming Love Church, Maplewood
7. St. Matthew’s Parish, St Paul
8. Shakopee Central Family Center, Shakopee

VOLUNTEER OUTREACH LOCATIONS
(Health fairs, flu shot clinics, health behavior classes, and donated office space.)
1. Ascension Church
2. Assumption Church
3. Centro Cultural Chicano
4. Guardian Angels Church
5. Holy Rosary Church
6. Incarnation Church
7. La Conexión
8. Mexican Consulate
9. Nazarene Church
10. Our Lady of Guadalupe
11. Risen Savior Church
12. Sacred Heart Church
13. St. Alphonsus Church
14. St. Bernards Church

COLLABORATORS, continued

Twin Cities Anesthesia Associates
University of Minnesota Physicians
VitreoRetinal Surgery, PA
West Metro Ophthalmology
West Suburban Pathology Consultants, PA

ADDITIONAL SERVICES
Allina Medical Laboratories
Center for Diagnostic Imaging
CUB Pharmacy – All Locations
Erickson Pharmacy
HealthEast Maplewood Surgery Center
HealthEast Medical Laboratory
HealthEast Medical Transportation
HealthEast Midway Outpatient Surgery Center
HealthEast Physician Services
International Diabetes Center, Park Nicollet
Jane Brattain Breast Center, Park Nicollet
LabCorp
LifeScan Minnesota
Piper Breast Center, Allina Health
Minneapolis Radiation Oncology, P.A.
HealthEast Optimum Rehabilitation
Park Nicollet Pharmacies
Quest Diagnostics, Inc.
Suburban Imaging Southdale
Unity Pharmacy
Winkley Orthopedics

2012 Donated Services Facts ~

$74,593 is the value of donated clinic space

$177,127 is the value of 5,928 donated laboratory tests for SMHC patients. (Special thanks to St. Joseph’s Hospitals’ Capitol Lab for donating $150,558 of that total!)

$267,887 worth of contributed prescriptions were provided to SMHC patients

$1,586,943 was the value of services for 1,073 SMHC@PN patients. (Special thanks to Park Nicollet clinics for contributing $1,078,157 and to Methodist Hospital for donating $508,786 in services!)
ASSOCIATES OF ST. MARY’S CLINICS

The Associates of St. Mary’s Clinics is an organization whose mission is to further the healing ministry of Christ through community relations activities, fundraising projects, various types of volunteer services that benefit St. Mary’s Health Clinics and their patients, and personal spiritual enrichment.

Members manage fundraising projects, including Christmas card sales and the Associates’ Holiday Luncheon held the first Friday in November. Through these fundraising activities, in 2012 the Associates of St. Mary’s Health Clinics donated about $9,000 to St. Mary’s Health Clinics.

ASSOCIATES OF ST. MARY’S CLINICS

Carol Adams  
Sue Allison  
Jean K Andrews  
Judy Arms  
Nancy A Arrell  
Mary Madonna Ashton, CSJ  
Jo Bailey  
Joan Bernet  
Patricia Blessing  
Alice “Sally” Boland  
Kate Brady  
Steven Branstad  
Betty Cameron  
Patrick Casey  
Mrs. Antoinette Cheslik  
Jane K Clifford  
Marie Conlin  
Helen Connell  
Mary Culhane  
Pamela Cunningham  
Deanna Dick  
Barbara Dickie  
Betty Dolan  
Jeanette Driscoll  
Marcella Dwyer  
Patricia Erb  
Mary C Feltes  
Archbishop Harry Flynn  
Lynn Friesen  
Camille Gallagher  
Pam Gallagher  
Paula Gallagher  
Jacqui Gardner  
Carol Gariano  
Libby Gay  
Mary Gerlach  
Theresa Griep  
Joan Gruidl  
Kathryn Hamel  
Mary Kennedy Hamel  
Patricia Heffron  
S. Mary Heinen  
Philomena Hesse  
Patricia Hollaran  
Heidi Horsch  
Catherine Howard  
Mrs. John Hubbell  
Lana Hurley  
Jane Jaeger  
Julie Johnson  
Claire Keefe  
Bobbie Keegan  
Barbara Kelley  
Anne Dolan Kelly  
Rajah Kolb  
Kathleen Laird  
Phyllis A. Langfield  
Joan Lapensky  
Colleen Lepak  
Virginia Lowell  
Virginia Mach Frey  
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John & Ginny McCanna  
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Neil McGraw  
Sue & Tom McGuire  
Mary McKeown  
Alicia Meyer  
Virginia Mulcahy  
Bernadette Murray  
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Anna Marie O’Gara  
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Sophie Prince  
Jackie Radde  
Anne Raiche  
Janet Raiche  
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Susan Reiter  
Jane Richards  
Mary & J Peter Ritten  
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Mary Catherine Ryan  
Ione Salmen  
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Dolores Traxler  
Laurie Trow  
Mary Vanek  
Maggie Walters  
Mary Ann Wier  
Rick & Lucy Wilhoit  
Jane Worth

2012 Outreach Facts ~

441 inquiries have been received since April by SMHC through the Mexican Consulates’ Ventilla de Salud program.

949 patients participated in SMHC’s Diabetic Education Enhancement Program (DEEP).

2,700 flu and 63 pneumonia immunizations were provided at 18 Flu Shot Clinics.

3,200 people attended SMHC-sponsored health fairs throughout the Twin Cities. Of those attending, 755 received health screenings.
In 2012, day-to-day clinic operations were made possible through the personal gifts of 264 volunteer physicians, nurses, admitting staff, interpreters and drivers. Last year, these volunteers contributed more than 12,189 hours of volunteer service worth $584,295.

Volunteers serving from July 1, 2011 to June 30, 2012

**ADMINISTRATION**
Eric Fox

**ADMITTING**
Sue Allison
Dorothy Bade
Frances Mary Benz, CSJ
Jill Boitz
Jackie Bork
Mary Burke
Marlene Dang
Mary Feeney
Briana Ganzhorn
Karen Ganzhorn
Joan Gordon
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Char Peltier
Char Preiss
Hope Savard
Patricia Shea
Kathleen Short
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Mary Beth St. Hilaire
Judy Sullivan
Mary Vanek
Jean Winiecki
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Shari Boehnen
Bill Brazil
Cathy Brennan
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Nancy Davis, CSJ
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Thomas Maloney
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Jeff Vohnoutka
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Will Zalaznik

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Rena Dobervich, RN
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Holly Melroe, ANP
Mary Nudel, FNP
Marlys Sandve, FNP
Nancy Schamber, CNM
Diana Tafur, NP
Phyllis Wernz, CNM

PHYSICIANS

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Roxana Viera, MD
Marilee Votel-Kvaal, MD
Mary Wilkens, MD
David Woeste, MD

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Dr. Jeanne M. Anderson & Anthony Nelson
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Kenneith and Rita Anderson
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Associates of St. Mary’s Clinics
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Ralph and Janet Kay
Bierbaum
Michael and Paige Bingham
James and Kathy Bishop
Margaret Biwer
Carole Black

www.stmaryshealthclinics.org 11
“To love another person is to see the face of God”

—Victor Hugo, Les Misérables
St. Mary’s Health Clinics provides healthcare free to its patients, but the cost to the Clinics is not free. In 2013, SMHC needs to raise $1.2 million. Can you help?

A $250 donation provides healthcare for an individual for a full year.

For $1,000, SMHC can deliver healthcare to an uninsured family of four for an entire year.

If you can’t do this alone, please consider donating with your friends, club, parish, or business.

It’s a small investment that reaps great rewards.

TO SUPPORT ST. MARY’S HEALTH CLINICS:

• Use the envelope provided to make a donation

• Send your gift to:
   Sisters of St. Joseph Ministries Foundation
   1884 Randolph Avenue
   Saint Paul, MN  55105

• Give online at
  http://www.csjministriesfoundation.org
  and click on “Donate”

• Remember us in your will.

To ensure your gift goes to St. Mary’s Health Clinics, please write “SMHC” in the note line of your check or in the comments box in the online page to designate your gift to St. Mary’s Health Clinics.
INDIVIDUAL DONORS, continued

John Blake and Mary Monnet-Blake
Robert and Bonnie Blanchette
Gordon and Carolyn Boerboom
Margaret Boerboom
Paul and Nancy Boerboom
Robert and Bonnie Boerboom
Susan Boerboom
Barbara and Eugene Boettcher
Mrs. David Bond
Tim and Jackie Bork
James and Ann Boulay
Justin and Jennifer Bourgoin
V. Erica Bouza
Rev. Ronald J. Bowers
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Timothy Brabec
Kate Brady and Dave Zumeta
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Thomas and Sheila Brunelle
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Mary E. Burns
Elizabeth Burtman
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2012 Budget Facts-

$141,251 of SMHC’s budget went toward prescriptions.

$717,393 worth of hospital services were donated to SMHC patients. Area hospitals wrote off
$671,788. SMHC paid $45,605.

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$250 provides healthcare through SMHC for an individual for one year
$1,000 provides healthcare to a family of four for one year

For every $1 donated, SMHC receives an additional $4 of contributed services.
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2012 Patient Facts ~
16,352 calls for help
10,183 prescriptions worth an estimated $409,128 were prescribed to SMHC patients
8,342 SMHC patient encounters/visits at Park Nicollet
3,739 patients were referred to area hospitals
1,543 patient visits were related to Diabetes

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ST. MARY’S HEALTH CLINICS FINANCIAL POSITION 2012

CURRENT ASSETS
- Cash and Cash Equivalents $83,369
- Receivables and Prepaid Expenses $242,176
- Equipment (Net) $10,840

TOTAL ASSETS $336,385

CURRENT LIABILITIES $219,351

NET ASSETS $117,034

TOTAL LIABILITIES & NET ASSETS $336,385

SUPPORT $584,295

REVENUE $1,211,478

TOTAL SUPPORT/REVENUE $1,795,773

PROGRAM SERVICES $1,451,020

SUPPORTING ACTIVITIES
- Management $298,517
- Fundraising $37,640

TOTAL EXPENSES $1,787,177

CHANGE IN NET ASSETS $8,596

FY 2012 TOTAL CONTRIBUTED SERVICES

- Volunteer Hours $384,295
- Specialty MD Care $874,000
- Health Systems $2,258,731
- Medication Samples $164,526
- Clinic Space $74,593
- Laboratory Tests $150,558
- Health System Prescriptions $103,361

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1992-2012
20 Years of Caring