



St. Mary's Health Clinics



*Annual* Report

## Gala Information

### *2016 Carondelet Gala*

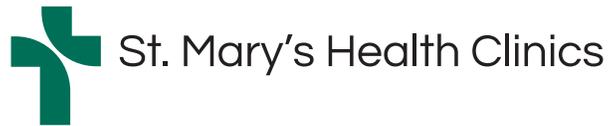
Friday, April 29, 2016 is the annual Carondelet Gala to support St. Mary's Health Clinics. Please join us.

For additional information and to purchase tickets, visit [www.csjministriesfoundation.org/gala](http://www.csjministriesfoundation.org/gala).

## Community Support

St. Mary's Health Clinics provides healthcare free to its patients, but the cost to the Clinics is not free. A \$500 donation provides healthcare for an individual for a full year. With a \$2,000 gift, SMHC can deliver healthcare to an uninsured family of four for an entire year.

Please consider a bequest in your will or donate online at <http://www.stmaryshealthclinics.org>.



St. Mary's Health Clinics

St. Mary's Health Clinics  
1884 Randolph Ave, St Paul, MN 55105  
(651) 287-7777

[www.stmaryshealthclinics.org](http://www.stmaryshealthclinics.org)



**SISTERS OF ST. JOSEPH  
OF CARONDELET & CONSOCIATES**  
ST. PAUL PROVINCE

*a ministry of the Sisters of St. Joseph of Carondelet, St. Paul Province*

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## From the Executive Director and Board Chair

*B*eginning a new position can always be a bit daunting, and the last year certainly saw plenty of incredibly positive yet challenging opportunities. The stories of hope and healing for individuals and families who, but for SMHC would have nowhere to turn for medical care, are more than inspiring—they are transformative.

The challenges, however, are also worth sharing: personnel changes, unexpected financial challenges and the introduction of the Affordable Care Act (ACA), also referred to as Obamacare, are a few of what our finance department has referred to as a “perfect storm.” Fortunately, we appear to be weathering it.

Our founder, Sister Mary Madonna Ashton, CSJ, always believed SMHC was a stopgap measure that would go away once national healthcare was instituted. ACA, though not exactly what the Sisters had hoped for, is finally in place. As anticipated, we did see a drop in client count. Our care costs did not decrease correspondingly. What we are coming to realize is that, not only are there still plenty of people living in the Twin Cities who have no healthcare alternative but SMHC, but very often by the time they reach our clinics, they are quite sick. The acuity levels increase care costs.

Direct care, while our major focus, is only part of SMHC’s story. Education and outreach is growing in importance. Managing ever-rising care costs among the communities we serve compounded by an aging demographic is requiring an unprecedented level of case management and care coordination. It’s one thing to send clients to an appointment. It another thing to make sure they get there. Oversight and assistance, while time consuming and costly, is still much cheaper than emergency, life-saving or long-term treatments.

Many people come to us because they don’t know where else to turn. Through our outreach efforts, we can help direct them to available coverage. We continue working with organizations including the Mexican Consulate, the Minnesota Department of Health, Fairview Health Services and others, offering a variety of wellness classes, diabetes training, flu shot clinics and more. We believe these measures are providing direct benefit to our clients and the larger community and are strengthening our metrics to give us data that better substantiates SMHC’s long-term benefits.

*What has most impressed me in my first year at SMHC is the shared understanding of and commitment to mission. Impelled by this mission, our staff, volunteers, and donors continue their commitment to SMHC. Because of them, SMHC will remain a vital and viable presence in our most interesting Twin Cities community.*



**Melissa Gatten**  
Executive Director  
St. Mary's Health Clinics



**Cynthia L. Vincent**  
Board Chair  
St. Mary's Health Clinics

## Core Beliefs

### *Mission*

In the tradition of the Sisters of St. Joseph of Carondelet, St. Mary's Health Clinics (SMHC) will carry out the healing ministry of Christ by providing necessary and accessible health services to the medically uninsured and underserved.

### *Vision*

Affordable, accessible, quality healthcare is available to all individuals.

## History

SMHC provides free medical care, outreach and education to low-income, uninsured families and individuals who are not eligible for government programs. It was founded by the Sisters of St. Joseph of Carondelet, St. Paul Province, ([www.csjstpaul.org](http://www.csjstpaul.org)) upon the belief that healthcare is a basic human right. SMHC continues working with hundreds of compassionate, caring, and gifted volunteers and a Twin-Cities-wide system of collaboration and care that seeks donated services including preventive and primary medical care, laboratory, specialty physician referrals, radiology, outpatient, inpatient, and prescription medications. SMHC also conducts health promotion, health screening, health education, and outreach in collaboration with community organizations and advocates for healthcare as a basic human right while assisting low-income people to find affordable healthcare coverage.

The Sisters of St. Joseph of Carondelet are a Roman Catholic community of women religious who are committed to continuing the mission of Jesus in the world by responding to the needs of the times, moving always towards profound love of God and love of neighbor without distinction. Founded in south-central France in 1650, they came to St. Paul in 1851 to teach. Today they continue ministries in the areas of spirituality, education, healthcare, social services, creative arts and advocacy for change. ([www.csjstpaul.org](http://www.csjstpaul.org))



## Programs and Services

### *Direct Care*

#### Community-based Clinics

SMHC provides direct care to uninsured and underinsured within the Twin Cities metropolitan area at community-based clinics. These clinics—with 13 weekly sessions operating out of seven sites—are located in spaces donated by churches, schools, and community centers in the metropolitan area. Volunteer physicians, nurses, receptionists, interpreters, and drivers provide medically necessary healthcare to patients. Patients receive medically necessary laboratory tests, radiology, and outpatient care at no cost to them through arrangements with area hospitals and other healthcare providers. Patients also receive specialty physician services and prescription medications free of charge.

### *Education and Early Intervention*

Too often, personal care that many take for granted is not considered or even understood by people who are struggling to just survive. Feeling like there are no options, many of our clients wait to address health issues resulting in staggering costs associated with acute care. SMHC is helping address this through a variety of education and outreach programs that focus on early intervention. These are intended to help people in targeted communities recognize and manage their personal health to avoid more significant issues.

- *Eliminating Health Disparities Initiative funded through the Minnesota Department of Health*
- *Breast and cervical cancer screenings*
- *Diabetic Education Enhancement Program (DEEP)*
- *Fitness and healthy lifestyle programs in community settings*
- *Community health fairs sponsored in part by the Mexican and Ecuadorian consulates.*
- *Free influenza immunization clinics sponsored in partnership with Fairview Health Services.*

### *Advocacy*

Advocacy is integral to the work of SMHC. The people served by SMHC, too often living on the margins of society, rarely have a voice in political processes that impact them. To help provide a voice, SMHC works with the Health Care For All (HCFA) Task Group of the Justice Commission of the Sisters of St. Joseph of Carondelet. HCFA is working with elected officials and other area nonprofits to address legal restrictions and options for health care for needy populations and immigrants. Current goals include:

- *Exploring partnerships and development of plans/proposals to secure funding sources for SMHC.*
- *Addressing health disparities evident in American Indian, African American, and Hispanic/Latino people including: infant mortality; obesity; intimate partner violence among high school seniors; late stage breast cancer; mental health problems leading to early death.*
- *Understanding health inequities associated with poverty, unemployment, home ownership, low income, high school graduation rate, incarceration etc.*

### *2014 Statistics*

- *5,169 primary care visits at no charge to patients*
- *14,031 prescription medications and flu shots dispensed free to patients*
- *5,407 specialist referrals, diagnostic services and test provided free to patients*
- *1,485 diabetic and DEEP (Diabetic Education Enhancement Program) visits with patients*
- *15,776 volunteer hours donated by more than 300 doctors, nurses, and administrators with a market value of nearly \$700,000*

St. Mary's Health Clinics has provided more than 105,000 patient visits since its doors opened in 1992.

## Board of Directors

***Cynthia L Vincent (Chair)***

Vice-President, Finance and Operations St. Francis Regional Medical Center

***Lois Lenarz, MD (Vice-Chair)***

President and Senior Medical Director Fairview Health Services

***Rebecca McGill (Secretary)***

Director, Clinical Education and Clinical Practice Henrietta Schmoll School of Health, St. Catherine University

***Sister Susan Oeffling, CSJ (Treasurer)***

Sisters of St. Joseph of Carondelet, St. Paul Province

***Melissa Gatten (President) (ex officio)***

Executive Director, Carondelet LifeCare Ministries

***Phillip J Gonzales, MD Physician***

MinnHealth Family Physicians

***Mick Johnson***

President – Park Nicollet Foundation (retired)  
Senior Vice President – Community Advancement,  
Park Nicollet Health Services

***Jonette Lucia (Project Manager)***

NW Hennepin Family Service Collaborative

***Carla Screeden***

District Director West Aspen and Quello Clinics Allina Hospitals & Clinics

***Sister Marie Herbert Seiter, CSJ***

Ministry Coordinator, Sisters of St. Joseph of Carondelet,  
St. Paul Province

***Sister Meg Gillespie (ex-officio) Leadership Team***

Sisters of St. Joseph of Carondelet, St. Paul Province

***Patrick Croke (ex-officio)***

Vice President for Administration (retired)  
Sisters of St. Joseph of Carondelet, St. Paul Province

## Finances

### *St. Mary's Health Clinics*

#### STATEMENTS OF FINANCIAL POSITION

##### Assets

Cash and Cash Equivalents	\$	28,587
Contributions Receivable		230,213
Other Assets		4,689
Equipment, Net of Accumulated Depreciation		30,549
<b>TOTAL ASSETS</b>	<b>\$</b>	<b>294,038</b>

##### Liabilities

Accounts Payable and Accounts Liabilities	\$	105,145
Notes Payable Related Party		100,000
Deferred Revenue		16,000
<b>TOTAL LIABILITIES</b>	<b>\$</b>	<b>221,145</b>

##### Net Assets

<b>Unrestricted</b>		<b>72,893</b>
<b>Total Net Assets</b>		<b>72,893</b>
<b>Total Liabilities and Net Assets</b>	<b>\$</b>	<b>294,038</b>

Address, stamp, etc.

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